## "Anytime Activities"

To enjoy as part of your Retreat



## <u>Activity</u>

Location
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Notes
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Nature Hike	10+ miles of trails	Maps available in camp office
Prayer Labyrinth	Below Log Cabins	Privately walk, meditate, reflect, pray
<b>Trout Fishing</b>	Sugar Creek and tributary	May req. Wisc. fishing license & trout stamp if 15+ older
<b>Frontier Farm</b>	Farmstead (across from RC)	Visit the farm animals! (summer only)
Photography	Anywhere	660 acres of AMAZING nature you can share online!
Frisbee Disc Golf	Big Valley Course	9 "hole" course or design your own! Discs available.
Service Projects*	All across camp	Take care of your camp - ask for options $\odot$
<b>Tend the Forest</b>	Anywhere	Help fight invasive plants; guides and tools available
Outdoor Games	Anywhere	Bring your frisbee, ball glove, lawn games, nature photo scavenger hunt, etc.
Footbridge Tour	All over; see trail map	Hike to find all 6 scenic footbridges at Sugar Creek!
Mountain Biking	Trail map: Bike trails	Bring your bike to explore rugged trails. Helmet req.
Geocaching*	Coming soon!	Use GPS units to find hidden treasures
Scenic Overlooks	Jesus Pt., Inspiration Pt., etc.	Inspiring views, 380 vertical feet above valley
Campfires	Enjoy 25+ campfire rings	Sit around a warm fire; share stories, food and songs! Worship leadership available by request ©
Sauna*	Near Retreat Center	Seek Scandinavian-style spiritual & sensory sanctity
<b>Board Games</b>	Lodges & Log Cabins	Enjoy a selection of classic board games with friends
Stargazing	Hilltop Field or Remote Valleys	Best viewing around! Telescope available to borrow. Use app to identify stars, planets and constellations

## **Explore Nature**

<u>Activity</u>	<u>Location</u>	Notes
Nature Center	Across from Retreat Center	Learn about local animals & natural history. Explore displays, field guides & activities
<b>Creek-Stomping</b>	Easy access to creek near entrance	e Explore nature in a truly hands-on way! (Shoes required)
Bird Watching	Hilltop, Pond, Pathfinders	The Sugar Creek Valley is a treasure trove of rare birds! Binoculars are available to borrow
Nature Hikes	Everywhere	Forests, prairies, foot bridges (5), algific talus slopes, goat prairie, streams, ponds (2), springs (3+) & more

\* = May require staff assistance to deliver equipment, set up, or teach